Learn life-saving skills anywhere with LivingWorks Start

As we respond to the challenges of the COVID-19 crisis, many people are experiencing increased isolation, losses, and anxiety. Now more than ever, we need effective suicide prevention skills.

That’s where LivingWorks Start comes in. In as little as one hour online, this interactive training program will give you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide.

To support the need for skills training in this difficult time, we’ve significantly lowered the price of LivingWorks Start and are donating 25% of the proceeds to COVID-19 relief efforts.

How LivingWorks Start can help you:

- Become more comfortable talking about suicide
- Keep a loved one safe in times of distress
- Support friends and co-workers
- Build professional skills
- Have peace of mind knowing you’re ready to help

Learn life-saving skills today at www.livingworks.com.au or email start@livingworks.com.au to bring these skills to your team or community
What people are saying about LivingWorks Start

These are great skills to support not only co-workers, but also friends and family at home.
— Tanya, Learning and Development Officer, Sydney

An excellent option for those working from home. Even at a distance, I feel much better prepared to keep someone safe from suicide.
— Jane, financial representative, Canberra

Glad for this training. These are must-have skills for people in so many fields.
— Michael, Paramedic, Brisbane

The scenarios were believable and realistic. You really see how you can apply it in real life.
— Quincey, US Army service member, Ohio, USA

The LivingWorks Start Experience

Skills practice and resources

Intuitive helping model anyone can learn

Simulations for helping in-person and remotely

Customised content and information

Together, we can save and change lives.

To bring LivingWorks Start to your team, email start@livingworks.com.au or phone 1300 738 382